Trainees should be aware of several safety precautions one should employ while living and commuting in Chicago. Although our neighborhood has many safety precautions, no community is immune to criminal activity. It is very important that each of us heighten our safety awareness when travelling around campus and throughout the city.

We strongly recommend all trainees be familiar with the safety protocol training video “Run, Hide, Fight” to learn more about how to respond in the event of a threatening incident.

**We encourage the following in Streeterville/NMH:**

- Use NM Security for escorts by dialing 2-2222 from any in-house phone or dialing 855-667-2332 (855-NMSAFE2).
- If walking alone at night, feeling uneasy, or noticing suspicious behavior, stop and return to the hospital and call for an escort.
- During evening hours please be aware of your surroundings and walk in well-lit areas.
- We encourage walking in groups of 2 or more at night.
- Be mindful of valuables; expensive purses, wallets, phones, and other visible electronics.
- Do not walk around wearing headphones or other electronic devices.
- Report any safety issues to Northwestern University Police Department (NUPD) 312-926-3117 and, if applicable, file a police report with the City of Chicago. Extensive crime prevention and safety tips are available on the [NUPD website](#).

**Suggested safety precautions for the Jesse Brown VA:**

Do not walk outside of the VA or take public transportation home after sunset. Please review the current [shuttle schedule](#).

To request an escort:
- Ask the front desk just inside the Ogden Circle entrance (Phone: 312-569-8275)
- Call the Administrative Officer of the Day (AOD) at 312-569-6177
- Ask any VA police officer on duty

After 11:00pm, if there is no shuttle, ask for an escort to the cab/Uber waiting area outside. Your program’s department will reimburse with the submission of the receipt.

McGaw residents and fellows each have an @va.gov e-mail address and PIV card. With these you can register to receive emergency alerts via the VA Emergency Alerting and Accountability System (EAAS). The system is used to send out mass notifications in the event of an emergency. The activation link is [https://alerts7.athoc.com/selfservice/vaeaas](https://alerts7.athoc.com/selfservice/vaeaas). Update your profile to receive e-mail and/or text alerts to your preferred device.

If you witness suspicious activity, call the VA Police immediately at 312-569-6505.

E-mail any and all JBVA concerns to [CHS.TRAINEE@VA.GOV](mailto:CHS.TRAINEE@VA.GOV).
Suggested safety precautions for the Anne & Robert H. Lurie Children's Hospital of Chicago:
Report any safety issue and/or request a walking escort by contacting the Security Office at 312-227-4222.

Suggested safety precautions for John H. Stroger, Jr. Hospital of Cook County:
Report any safety issue and/or request a walking escort after dark by contacting the Security Office at 312-864-8097.